

# CLIENTELE FORM

## POST PROCEDURE CARE

*Failure to follow Post-Procedure instructions may result in loss or discoloration of pigment.  
Please do not hesitate to call if you have any questions: 805-578-9137*

Read and Follow the instructions thoroughly.

### Care Instructions:

- Expect light to moderate swelling and redness for a couple of days especially in the mornings.
- Keep area clean and dry for 48hrs.
- Clean in shower.
- You will rinse your eyes as needed to avoid itchiness and to keep them clean, dry your lashes with a Q-tip to avoid eyelashes from sticking together.
- **Brows/Lips** - Use product if needed.
- When you apply the product leave it on for 10 minutes then wipe it off with a clean tissue to remove excess product 2Xs a day for 7 days
- When fully exfoliated the product may stay the area.
- **DO NOT sleep on area.**

### Recommended products:

#### EYES:

- Eye wash/ Saline solution (Sterile Water) sold at CVS.
- Arnica pellets or tablets (Inhibits bruising) sold at Lassen's

#### BROWS/LIPS:

- Aquaphor sold at CVS
- Healquick stick sold at studio

### Known possible complications are:

- Redness
- Swelling
- Puffiness
- Bruising
- Dry patches
- Tenderness
- Itchiness

### How long?

- Healing time is 7 days.
- If you have doubts, call before making any decisions.
- **If signs of infection occur (oozing, heat, increased swelling, redness in eyes) go to a physician immediately.**

### It's OK!

- Wash your hands often to avoid infection.
- Use new pillowcase.
- The color may be too dark at first.
- The color may appear to be coming off when exfoliation begins.
- Color will be true around day 21.
- It is normal to lose 1/3 - 1/2 of the color after initial appointment.
- **Please inform your physician of your permanent makeup when receiving and MRI or CAT scan. Some pulling or burning can occur.**

### The Don'ts!

- **NO Peroxide or Neosporin on area.**
- **DO NOT sleep on area.**
- **DO NOT scrub/ scratch/ pick the area.**
- **DO NOT stretch or rub the eye area as this may cause migration.**
- **NO skin care products on the area.**
- **NO swimming, facials, or whirlpools.**
- **DO NOT dye or tweeze area.**
- **NO vigorous exercise for 24 hours.**
- **NO makeup on the area.**
- **Avoid pet dander due to it carries staph bacteria in the fur.**
- **Avoid blowing your nose during lip procedures to avoid staph infections.**

By initialing this document I acknowledge that I have received a copy of these instructions and will follow them to the best of my ability. If I deviate from the instructions I will be responsible for the consequences of my actions, whatever these may be.

Initial Here \_\_\_\_\_



# Healing Schedules



## LIPS AREOLA

	Typical Effects <b>IF LIPS BREAKOUT IN BLISTERS OR DON'T HEAL GO TO DOCTOR</b>
Day 1	Swelling, tender, heavy thick lipstick look with a reddish brick color effect.
Day 2	Slight swelling, reddish and tender with a slight metallic flavor.
Day 3	Less swelling, thicker texture, sore, hot feeling before exfoliation with an orange color effect.
Day 4	Exfoliation begins very chapped lips. If blisters occur go to your <b>doctor</b> for herpes medication.
Day 5	Very chapped but almost finished with first chapping stage.
Day 6	A soft, rich pinkish color begins to appear.
Days 7-13	Lip color <b>disappears</b> and the "frosty" (second chapping) stage begins as a whitish/grayish haze on the lips.
Day 14	Color "blooms" from within more and more each day until day 21 (three weeks post procedure).
Day 21	Healing complete; the color you see is the color you have. Your lips will remain a bit dry for a month or two, use a good lip balm and they will return to normal, but with full color!

## EYELINER

	Typical Effects <b>IF EYES STAY BOODSHOT FOR MORE THAN 4 DAYS GO TO THE DOCTOR</b>
Day 1	Swollen, like you've been crying, with a heavier eye makeup look.
Day 2	Swollen, usually for only a few hours after waking up, with the heavier eye makeup look continuing.
Day 3	Swelling decreases with a tight feeling. The pigment begins to lift away from the skin.
Day 4	There is a "pinching" feeling. Some itching is normal as the skin begins to flake. <b>DO NOT PICK AT IT.</b>
Day 5-7	Blinking movements of the eye usually removes all pigment by this day. Color seems to disappear and is somewhat grayish and will take a few more weeks to clarify to full color. It is not uncommon to lose 50% of the color after first application; a second application will be needed for completion of look.

## EYEBROWS EYE-HIGHLIGHT SHADOW

	Typical Effects
Day 1-2	The eyebrows are approximately 20 to 25% darker and bolder in width than they will be when healed. Your skin is red under the pigment which causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow procedure to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.
Day 3	Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.
Day 4	The skin begins to flake
Day 5	Color finishes flaking off and appears softer and grayer for a few days until color clarifies. Continue to apply heal stick at night as a moisturizer if brows continue to remain itchy.

**NOTE:** Permanent makeup procedures are affected by the canvas (your skin) that they are performed on. If your skin is sun damaged (even from tanning beds), thick and uneven in texture, or excessively dry or oily the result cannot be expected to be perfect after the initial procedure. Scars on the lips from fever blisters cause pigment removal. Lifestyle, medications, smoking, metabolism, facial surgery, and age of skin all contribute to fading. Touch-ups are needed 30 days after your initial procedure to ensure the best result and to keep your permanent cosmetics looking the best. Your procedure maintenance, as outlined in your pre/post procedure directions, is very important.